

Every year, "A Call to Prayer and Self-Denial" encourages women to step out in faith and bring the love of Christ into a hurting world through their prayers and selfless giving.

In 2021, we will come together around the theme
"She Leads: Empowering Women to Make a Difference."

We welcome you to come pray, learn and offer your gifts that will make a real change in the lives of women, children and youth around the world.

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- Step 1. Get this flyer for Prayer and Self Denial.**
- Step 2. Find a clean jar, envelope, cup or can.**
- Step 3. Put the jar in a prominent place in your home and put the flyer in the jar (roll up like a scroll).**
- Step 4. During Lent follow each suggestion on the calendar and help raise the funds for our local unit's contribution to the national call for Prayer & Self Denial.**
- Step 5. Turn in the total of your contribution by May 1. If need be, take all of your coin to the bank, cash it in for paper money OR write a check for the amount payable to "Wesley United Methodist Women". On your check or envelope please mark "PRAYER & SELF DENIAL". Take it to the church office or turn it in to your circle leader.**

THANK YOU !!!!!!!!!



Wesley UMW Prayer & Self Denial 2021

The Prayer and Self Denial Offering received goes toward the local & global world missions of the United Methodist Women.

Give Thanks.
Give Now.



Wesley UMW Prayer & Self Denial – 2021

One hundred percent of the offering goes directly to mission.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			2/17 ASH WED. Put a dime in the jar if there's snow on the ground.	2/18 Put a dime in the jar for each room in your home.	2/19 Put a dime in the jar for each key you have on your key ring.	2/20 Put \$1 in the jar if your birthday is during Lent (Feb. 17-April 4).
2/21 Put a quarter in the jar for each cup of coffee you drink today.	2/22 Put a penny in the jar for each 10 pound you weigh. No cheating!	2/23 Put a dime in the jar for each piece of mail you receive today.	2/24 Put a nickel in the jar for each piece of clothing you have on today.	2/25 Put a dime in the jar for each phone call you RECEIVE today.	2/26 Put TWO quarters in the jar if the sun shines today.	2/27 Put a quarter in the jar for each pet in your home.
2/28 Put a dime in the jar for each person you say "hello" to.	3/1 Put a dime in the jar for each bed you made today.	3/2 Put a penny in the jar for each mirror you have hanging in your house.	3/3 Put a dime in the jar for each phone call you MAKE today.	3/4 Put a dime in the jar for each plate you wash today.	3/5 Put a dime in the jar for each plant in your home.	3/6 Put a penny in the jar for each mile you drive today.
3/7 Put in a quarter if you eat fresh fruit today.	3/8 Put a penny in the jar if you heard someone singing.	3/9 Put 1 dime in the jar for every skillet in your cupboard.	3/10 Put a quarter in the jar if you are wearing earrings today.	3/11 Put a penny in the jar for each door in your home.	3/12 Put a dime in the jar for each time you opened your refrigerator.	3/13 Put a dime in the jar for each siren you hear today.
3/14 Put in a dime if you shoveled snow today OR a quarter if you didn't shovel.	3/15 Put a nickel in the jar for each button you have on your outfit today.	3/16 Put a dime in the jar for each blanket you have on your bed.	3/17 Saint. Patrick's Day. Put in 50 cents if you are wearing green.	3/18 Put TWO quarters in the jar if you are wearing nail polish.	3/19 Put a quarter in the jar for every load of laundry you do today.	3/20 Put in a quarter for each calendar you have in your home.
3/21 Put a nickel in the jar for each hymn you sing today.	3/22 Put a quarter in the jar if you wear corrective lenses (glasses or contacts).	3/23 Measure your waistline. Put a penny in the jar for each inch.	3/24 Put a quarter in the jar if you went shopping today.	3/25 Put a penny in the jar for each email you received today.	3/26 Put a penny in the jar for each window in your home.	3/27 Put a dime in the jar for each piece of jewelry you are wearing.
3/28 Put in a quarter if you attended church service today. 2 quarters if you didn't.	3/29 Put a quarter in the jar if you exercised today. 2 quarters if not.	3/30 Put a quarter in the jar if you listened to the radio today.	3/31 Put a penny in the jar for each egg in your refrigerator.	4/1 MAUNDY THURSDAY Put in a quarter if you used the vacuum today.	4/2 GOOD FRIDAY Put a quarter in the jar if you see a robin today.	4/3 Put a quarter in the jar if your spring bulbs are blooming.