

“Admit Your Brokenness”

Step 5 to bring healing and recovery through Jesus.

**We all have experienced brokenness in our lives – and
No one desires to remain broken.**

**The 12 Steps of Life Recovery
and the support groups surrounding them
have proven effective time and again.**

After making a searching and fearless moral
inventory of ourselves (Step 4)

We realize its one thing...

And a totally different thing to....

With Faith that God both Forgives and Cleanses
we can share our brokenness with others.

James 5:13-18

“Are any of you suffering hardships? You should pray.

Are any of you happy? You should sing praises.

Are any of you sick? You should call for the elders of the
church to come and pray over you, and anoint you with
oil in the name of the Lord. Such a prayer offered in
faith will heal the sick, and the Lord will make you well.
And if you have committed any sins, you will be
forgiven.”

THE TWELVE STEPS

- 1) We admit that we were powerless over our
brokenness and that our lives have become
unmanageable.
- 2) We believe that only God can restore us to health.
- 3) We decide to turn our wills and our lives over to the
care of God.
- 4) We make a searching and fearless moral inventory of
ourselves.
- 5) **We admit to God, to ourselves, and to another
human being the exact nature of our brokenness.**

David tells us that he experienced so much **joy**
after admitting what he had done wrong.

Not only was he **released from his guilt**
but he also was acutely, personally,
reminded of all that God had promised
to **continue to provide for him.**

-Psalms 51 and 32

Confession Brings Healing

